



2.2018 (上半年) & Order Form  
(2018-02-01 - 2018-02-28)

<http://cookeasy.tungwahcsd.org>

**Pork/Beef/Lamb**

A05 Steam Meatcake with Mushroom & Dried Squid (* with fresh meat)	\$69
A08 Steam Meat Cake with Duck Egg & Mushroom ( with KinYing Pork)	\$69
A16 Stir-fried Pork slices with Jade melon & Cucumber in XO sauce (* with fresh meat)	\$69
A21 Stir-fried Pork shreds with Cabbage in Peking sauce (* with fresh meat; Lee Kum Kee sauce)	\$69
A22 Stewed Hairy Marrow with Mushroom & Pork shreds (* with fresh meat)	\$69
A32 Taro & Spareribs Pot with Ground Soybean paste ( with Kin Ying Pork)	\$69
A33 Fried Shortribs with fresh Pineapple in Peking style (* with fresh meat)	\$69
A48 Eggplant with Pork in Sichuan style (with KinYing Pork)	\$69
A60 Pork & Lotus Root Bean Curd Sheet rolls (* with fresh meat) (serves 2)	\$69
B11 Stir-fried Beef with assorted Peppers & Sweet Peas (* with fresh meat)	\$69
B14 Stir-fried Beef shreds with Preserved Vegetable	\$69
B16 Sichuan spicy Beef (* with fresh meat; Lee Kum Kee sauce)	\$69
B30 Stir-fried Beef with Celery & Lily (* with fresh meat)	\$69
B37 Beef Roll with Enoki Mushroom & Carrot (Lee Kum Kee sauce; serves 2)	\$69
B39 Stir-fried string beans with shortribs	\$79
B95 Beef rib with xo sauce	\$69

**Vegetable/Vegetarian**

E06 Stir-fry Vegetable Juliennes with Dried Bean Curd	\$69
E09 Kimchi & Assorted Vegetables Pot in Korean style	\$59
E10 Assorted Mushrooms & Celery Cabbage in Pot	\$69
E104 [Chinese New Year Cuisine] Braised Buddha's Feast with Preserved Bean Curd Sauce	\$68
E20 Stir-fry Mushroom with Black Fungus & Loofah	\$69
E25 Stewed Vegetarian Chicken with Hairy Marrow & Black Fungus	\$69
E28 Stir-fry fresh Mushroom with Sweet Peas	\$69
E29 Braised fresh Mushroom with Baby Chinese Cabbage	\$69
E65 Pan-fry Vegetarian Chicken with Courgette in XO sauce	\$69
E78 Assorted Vegetables with Dried Shrimp and Vermicelli	\$79
E79 Stri-fried Loofah vegetable of Abalone	\$59

**Soup**

F09 Peanut, Black-eyed Peas, Chicken Feet & Pork Shank Soup*	\$99
F10 Pork slices, Salted Egg & Hairy Marrow Soup (* with fresh meat)	\$69
F113 Ka Mei Chicken shell soup with Dried Longan Prlp , Fox nuts & pork	\$129
F123 Pumpkin Tomato Potato Soup	\$69
F132 [Chinese New Year] Ka Mei Chicken with Snow Pear and Apple Soup	\$99
F18 Pork Shank, Papaya, White Fungus Soup *	\$99
F46 Nutritious Mixed Vegetables Soup	\$69
F84 Pumpkin, Corn & Pork Shank Soup (* with fresh meat)	\$99
F88 Thomson Kudzu, Lablab Bean & Pork Shank Soup (* with fresh meat)	\$99

**Seafood**

D02 Sweet & Sour Fish fillet in Thai style	\$69
D112 Salmon steak fried black garlic	\$79
D12 Stir-fried Fish fillet with Preserved Black Bean & Pepper	\$69
D22 Stir-fry Fish fillet with Chili sauce (Lee Kum Kee sauce; serves 2)	\$69
D46 Jade Melon & Scallop in Soup	\$79
D70 Stir-fried Squid with Garlic in XO Sauce (Serves 2)	\$69
D86 Fillets of Sole with Asparagus Rolls	\$69
D95 Dry shrimp with garlic steamed zucchini	\$69

**Set**

Q259 Convenience meal set: Vietamese Pork Chop (Kin Ying Pork), Stir-fry Chicken with Young Ginger & Pineapple, Dried seaweed, minced meat & fuzzy melon soup	\$179
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**Others**

S01 Lemon Pearl Barley (600 ml)	\$26
S02 Lemon Pearl Barley (330 ml)	\$16
S10 Burdock red date tea (600ml)	\$26
S11 Burdock red date tea (330ml)	\$16
S20 Five green juice ( green pepper,cucumber, green apple,celery, bitter melon,330ml)	\$24
S22 Apple, Beet root, carrot juice (330ml)	\$22
S23 Chrysanthemum Tea with pear 330ml	\$16
S24 Chrysanthemum Tea with pear 600 ml	\$26
S28 Pickled Young Ginger	\$45
Y01 Ginseng and Silkie Hotpot in Korea Style with selected hotpot ingredients & Soup base (for 4 people) (limited quantity; require 3 days pre-ordering)	\$588
Y02 Satay Hotpot in Hong Kong Style with selected hotpot ingredients & Soup base (for 2-3 people)(limited quantity; require 3 days pre-ordering)	\$328
Y03 Potato and Tomato Hotpot in Chinese Style with selected food ingredients & Soup base (for 2-3 people) (limited quantity; require 3 days pre-ordering)	\$328
Y04 Ginseng and Silkie Hotpot Soup Base in Korea Style (for 4 people) (limited quantity; require 3 days pre-ordering)	\$98
Y05 Satay Hotpot Soup Base in Hong Kong Style (for 2-3 people) (limited quantity; require 3 days pre-ordering)	\$68
Y06 Potato and Tomato Hotpot Soup Base in Chinese Style (for 2-3 people)(limited quantity; require 3 days pre-ordering)	\$68
Z06 Pork Knuckles & Ginger Stew (Serves 4) (limited quantity & require 14 days pre-ordering)	\$220
Z08 Pork Knuckles & Ginger Stew (Serves 8) (limited quantity & require 14 days pre-ordering)	\$350
Z09 Pork Knuckles & Ginger Stew (Serves 12) (limited quantity & require 14 days pre-ordering)	\$500

**Chicken/Duck**

C07 Stir-fry Chicken with Young Ginger & Pineapple (serves 2)	\$69
C09 Chicken & Deep-fry Bean Curd Puff Pot in Taiwanese style (with Kamei Chicken )	\$99
C10 Stir-fried Chicken with Celery & Cashew Nuts	\$69
C106 Stir-fried chicken wing with garlic & fish source	\$69
C113 Stir-fried Sweet pepper with chicken fillet	\$69
C118 Aluminium foil with KaMei Chicken	\$99
C128Steamed Kamei Chicken with Mushroom, fresh yam red dates, Cloud Ears nd Lily Buds	\$99
C130 Stewed Cordyceps Sinensis with Kami chicken	\$99
C41 Steamed Chicken with Chinese Sausage (with Kamei Chicken)	\$99

Food manufactured by: Tung Wah Group of Hospitals - CookEasy

Menu designed by: Towngas Cooking Centre

- \* Dishes marked with an asterisk are prepared with fresh meat.
- # Dishes marked with a hash are



prepared with chilled chicken.

- 'Good Farmer' brand vegetables, produced by farms accredited by the Agriculture, Fisheries and Conservation Department are used to prepare most of our dishes.
- "Lee Kun Kee" sauces are used to prepare some of our dishes.



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**Terms and Conditions**

Delivery charge:

Residential members Free delivery service. Membership must be registered by a representative in the name of the estate.

Corporate members Free delivery service. Membership must be registered by a representative in the name of the corporation.

Individual customers/members: HK Island - Free delivery service for order of HK\$250 or more. Delivery charge of HK\$30 applies for order less than HK\$250.

Kowloon - Free delivery service for order of HK\$400 or more. Delivery charge of HK\$45 applies for order less than HK\$400.

N.T. - Free delivery service for order of HK\$400 or more. Delivery charge of HK\$50 applies for order less than HK\$400.

Delivery time:

12:00 pm - 6:30 pm Monday to Friday

12:00 pm - 5:30 pm Saturday (except public holidays)

Order cut-off time: Pls. order at/before 10:00 am for same day delivery.

Service areas:

HK Island

Kowloon---Kowloon City, Kwun Tong, Sham Shui Po, Wong Tai Sin, Yau Tsim Mong

N.T.---Kwai Chung, Tseung Kwan O, Shatin, Tsuen Wan (except Ma Wan Island, Lantau Island)

Payment methods: Cash or Cheque on delivery (pls. make cheque payable to 'Tung Wah Group of Hospitals').

Remarks: Delivery service will be suspended when Typhoon Signal no. 8 or above, or 'Black' Rainstorm Signal is hoisted. Customers will be notified of the arrangement.

Name:

\_\_\_\_\_

Mobile Phone no.:

\_\_\_\_\_

Membership:  No  Yes \_\_\_\_\_

pls. state individual member/estate name (for residential members)/corporation name (for corporate members)

Email address:

\_\_\_\_\_

Order date:

\_\_\_\_\_

Delivery address:

\_\_\_\_\_

Order: Pls. state item no., qty. and your requested delivery date.

Item No.:										
Qty.:										
Delivery date:										

- Pls. fax completed order form to 2553 2975
- Tel: 2870 9214
- Office hour: 9:00 am - 5:00 pm Monday to Friday  
9:00 am - 12:00 pm Saturday (except public holidays)
- Email: [cookeasy@tungwah.org.hk](mailto:cookeasy@tungwah.org.hk)

